
Report To:	Education & Communities Committee	Date:	30 October 2018
Report By:	Corporate Director Education, Communities & Organisational Development	Report No:	EDUCOM/105/18/BY
Contact Officer:	Brian Young	Contact No:	01475 712748
Subject:	Inverclyde Secondary Schools Health and Wellbeing Survey		

1.0 PURPOSE

- 1.1 The purpose of this report is to inform the Education & Communities Committee of the above and to seek approval of the directions of travel.

2.0 SUMMARY

- 2.1 In 2013, there was an area-wide Secondary Schools Health and Wellbeing Survey published, which was the first of its kind for Inverclyde.

The development of this survey adopted a partnership approach, co-lead by Education Services and the then Community Health & Care Partnership (CHCP). There was extensive in-kind support provided by Community Learning & Development and NHS Greater Glasgow & Clyde's Public Health Resource Unit. The latter agency was instrumental in the commissioning of the initiative that was funded by the CHCP.

- 2.2 The survey was the first of its kind in Inverclyde and provided valuable baseline data for future surveys, which will monitor progress and trends for key health and wellbeing indicators. The survey findings enabled prioritisation for actions among key planning partners at Community Planning level and in individual schools. In addition, the data reported allowed for comparative investigations to be made with Glasgow City and Renfrewshire, where similar surveys have been completed. Some of the data can also be correlated with other national surveys, such as the Scottish Schools Adolescent Lifestyle and Substance Use Survey (SALSUS).

The information and data collated in the survey has been beneficial in terms of further use by both the establishments and partners, for example –

- Informing the construction all of the establishments' improvement plans, given data for each of the individual schools was made available.
- Informed the successfully delivered Clyde Conversations.
- At a strategic level, mainly within the Inverclyde Alliance, enabling partners to review their services in line with the results of the survey.
- From an operational perspective to a wide-range of both statutory and voluntary sector partners, to better suit the needs of young people. Some examples are from the Inverclyde Alcohol and Drug Partnership and Sandyford Sexual Health Services.
- Ongoing use of the data, especially in the area of statistical analysis and more recently in the inclusion of the data in the Children's Services Strategic Needs Assessment.

A copy of the Executive Summary is available on request – see Section 8.0 (Background Papers).

- 2.3 In order to ensure that this type of data is current and fit for future purpose use, particularly in the areas where comparisons can be made, it is proposed that the survey is carried out again.

As well as ensuring the local data is fresh, it presents further proactive opportunities to engage with young people about their requirements. This ensures they have a voice and are able to influence future service delivery/redesign that will be based on their needs, attitudes and behaviours, through this type of self-reporting.

- 2.4 Available funding has been identified, with £15,000 from the HSCP, through their NHS funding stream and £10,000 from the local implementation of the Scottish Attainment Challenge funds.

3.0 RECOMMENDATIONS

- 3.1 It is recommended that the Education and Communities Committee:

- approves the content of the report and its direction of travel
- agrees to receive progress reports, when these are available

Ruth Binks
Corporate Director
Education, Communities and Organisational Development

4.0 BACKGROUND

- 4.1 All schools in Inverclyde became Health Promoting Schools in 2007. This accreditation was valuable and a real measure of success in Health and Wellbeing (H&WB) for our establishments. However, the sustainability of H&WB beyond merely the accreditation for an award has been even more vital since that time. It has become increasingly important that, both in terms of curricular delivery and the ethos/ values of our schools, H&WB truly is embraced as the 'Responsibility of All'.

Through the Community Planning Partnership, a piece of research was commissioned in 2013 to gather an up-to-date evidence base, directly expressing the views of children and young people from our secondary schools, around their own health and wellbeing.

- 4.2 The then Inverclyde Community Health and Care Partnership (CHCP), in collaboration with Inverclyde Council Education Services, NHS Greater Glasgow & Clyde (Public Health Resource Unit - PHRU) commissioned Traci Leven Research to carry out the fieldwork and report writing.
- 4.3 At the time of the final report, the available estimate of the secondary school roll across Inverclyde was 4,362. Thus, the achieved sample is approximately 83% of the known school roll, which was considered as an unprecedented return.

Data from the survey helped to construct last year's area-wide Strategic Needs Assessment for the Community Planning Children's Services inspection and has enabled the successful Clyde Conversations events. These have been a series of events where young people, from all age groups in the secondary schools, come together to discuss issues affecting them and take part in specialist-run workshops on the topics they have chosen. Moreover, the young people were able to discuss what changes or improvements they believe could be put in place and to allow a range of partners to discuss the concerns of young people.

- 4.4 Updating and repeating the survey is pivotal in ensuring our local area is responding to the needs of its young people, allowing for acknowledging areas of improvement and where there still may be aspects for further improvement and supporting key stakeholders and their services to ensure they are hearing the voice of the young people.

5.0 CURRENT POSITION

- 5.1 In recognition of the funding streams, this proposed development responds to the following outcomes –

- School leadership; Teacher professionalism; Parental Engagement; Assessment of Children's Progress; School Improvement and Performance Information (2018 National Improvement Framework and Improvement Plan for Scottish Education).
- People are able to look after and improve their own health and wellbeing and live in good health for longer; people who use health and social care services have positive experiences of those services, and have their dignity respected; health and social care services are centred on helping to maintain or improve the quality of life of people who use those services; health and social care services contribute to reducing health inequalities; people using health and social care services are safe from harm and resources are used effectively in the provision of health and social care services (National Wellbeing Outcomes).
- Our young people are successful learners, confident individuals, effective contributors and responsible citizens; our children have the best start in life and are ready to succeed; we live longer healthier lives; we have tackled the significant inequalities in Scottish society; we have improved the life chances for children, young people and families at risk (Inverclyde Alliance Local Outcome Improvement Plan 2017-2022, priority on inequalities).
- Young people across Inverclyde have a range of co-ordinated opportunities to be involved in decision making affecting their schools, services for young people and communities; young people have a greater impact in determining the services available to them and

positively contribute to local planning; young people's voices are heard and their issues taken into consideration in service development and delivery and Inverclyde Alliance and Inverclyde Council are better able to demonstrate impact on outcomes, at various levels across services and programmes (Education, Communities and Organisational Development Corporate Directorate Improvement Plan).

- The expected health and wellbeing outcomes associated with the Scottish Attainment Challenge.

5.2 With particular regard to the Inverclyde Alliance vision for Inverclyde is - 'Nurturing Inverclyde: Getting it Right for every Child, Citizen and Community'.

As part of the Nurturing Inverclyde approach, the Inverclyde Alliance, is focusing on achieving wellbeing outcomes for our communities and want all children, citizens and communities to be –

Safe
 Healthy
 Achieving
 Nurtured
 Active
 Respected
 Responsible
 Included

The planned developments are consistent with this approach.

6.0 IMPLICATIONS

Finance

6.1 Financial Implications:

One off Costs

Cost Centre	Budget Heading	Budget Years	Proposed Spend this Report £000	Virement From	Other Comments
N/A					

Annually Recurring Costs/ (Savings)

Cost Centre	Budget Heading	With Effect from	Annual Net Impact £000	Virement From (If Applicable)	Other Comments
N/A					

Legal

6.2 None

Human Resources

6.3 None

Equalities

6.4 Has an Equality Impact Assessment been carried out?

Yes See attached appendix

No

This report does not introduce a new policy, function or strategy or recommend a change to an existing policy, function or strategy. Therefore, no Equality Impact Assessment is required.

Repopulation

6.5 None

7.0 CONSULTATIONS

7.1 There have been discussions in a number of local health and wellbeing partnership planning groups, where there is overwhelming support for the survey to be repeated.

Both colleagues at Community Learning & Development and the PHRU are again offering their invaluable support.

8.0 BACKGROUND PAPERS

8.1 For a copy of the Executive Summary, please contact Brian Young at:
Brian.Young@inverclyde.gov.uk